

Infants and toddlers

BRAIN

- Sudden tiredness/seems limp/lethargic
- Irritability/inconsolable crying

FACE

- New rash/raised bumps around the face (mouth/eyes)
- Lip, face, or tongue swelling
- Trouble swallowing

BREATHING

- Difficulty breathing
- Dry cough
- Wheezing

CIRCULATION

- Fast heartbeat
- Change in appearance (color) of skin, fingertips, or tongue

STOMACH

- Persistent vomiting/spitting up
- Nausea
- Loose stools

SKIN

- On darker skin, hives appear as raised bumps; color changes may not be as obvious
- On lighter skin, hives appear as raised red bumps

What anaphylaxis looks like: the signs and symptoms



Scan to watch how to
administer epinephrine



School-age children

BRAIN

- Feeling of doom
- Confusion
- Agitation

FACE

- Lip, face, or tongue swelling
- Trouble swallowing

BREATHING

- Shortness of breath
- Wheezing or coughing
- Tight or hoarse throat

CIRCULATION

- Weak pulse
- Fainting or dizziness
- Change in appearance (color) of skin, fingertips, or tongue

STOMACH

- Vomiting
- Diarrhea

SKIN

- On darker skin, hives appear as raised bumps; color changes may not be as obvious
- On lighter skin, hives appear as raised red bumps